

## RBIS 100: RB-Firstyear Orientation

Introduction to Reservation-Based Study degree, focusing on proven strategies for creating greater academic, professional, and personal success. (E)

### Course Student Learning Outcomes

1. TO DEVELOP CRITICAL THINKING SKILLS. You will learn how to enhance the thinking skills essential for analyzing and solving problems in your academic, professional, and personal lives.
2. TO WRITE MORE EFFECTIVELY. You will learn how to improve your writing skills through the extensive writing practice offered by your guided journal entries.
3. TO MAXIMIZE LEARNING. You will learn a powerful process of learning that will enable you to get better grades in college and be an effective life-long learner. You will learn many effective study skills as well.
4. TO INCREASE SELF-MOTIVATION. You will learn to create greater inner motivation by, among other things, discovering your own personally meaningful goals and dreams.
5. TO IMPROVE PERSONAL SELF-MANAGEMENT. You will learn numerous strategies for taking control of your time and energy, allowing you to move more effectively and efficiently toward the accomplishment of your goals and dreams.
6. TO ENHANCE RELATIONSHIPS. You will learn how to develop mutually supportive relationships that will support you to achieve your goals and dreams as you assist others to achieve theirs.

Credits: 1

Program: **Reservation-Based Integrating Seminar**